



**REPORT OF FOUR WEEK VALUE ADDED  
COURSE  
ON  
“LIFE SKILLS EDUCATION”**

19.10.2020 onwards

**Co-ordinator**

Dr. Ritu Mago

Ms. Shivani Sharma

# DEV SAMAJ COLLEGE OF EDUCATION SECTOR 36-B, CHANDIGARH



Organizes

## FOUR WEEK VALUE ADDED COURSE



# ON LIFE SKILLS Education



Registration  
Link

<https://forms.gle/NZpZ6naRYTm8EeFz8>

HAPPY COVID  
LEARNING

**Patron**  
Dr.(Mrs.) Agnese Dhillon

**Co-ordinator**  
Dr. Ritu Mago  
Ms. Shivani Sharma



### Introduction about the Course



In everyday life, the development of life skills helps students to find new ways of thinking and problem solving. As a teacher recognize the impact of their actions and teaches them to take responsibility for what they do rather than blame others. Build their confidence both in spoken skills and for group collaboration & cooperation. Life Skills help young generation to have healthy relationships and to hone leadership qualities, which can be passed automatically to the next generation, thus influencing future generations.

### Objectives

The main objectives of the course are:

To familiarize students with the concept & importance of Life Skills.

To introduce students with the role of education in developing Life Skills.

To develop attitude of students towards developing Life Skills through education.

To integrate Life skills with the teaching –learning process.

### Criterion for E-certificate

Student who score 60% marks in written test and 40% in the assignment and quiz will be eligible to get the E-certificate.

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## Learning Outcomes



Students will be able to:

- Translate knowledge, attitudes and values into actual abilities.
- Tackle emotional pain, conflicts, frustrations and anxieties.
- Cope with the challenges of everyday life.
- Maintain equilibrium between personal and professional life.



**Duration: Four Week**

**Mode : Synchronous & Asynchronous**

**Subject : Education**

**Difficulty Level: Introductory**

 Suite



Google Classroom



Google Meet

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## **ABOUT THE COURSE**

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## **COURSE OBJECTIVES**

The objectives of the course are:

- To familiarize students with the concept & importance of Life Skills.
- To introduce students with the role of education in developing Life Skills.
- To develop attitude of students towards developing Life Skills through education.
- To integrate Life skills with the teaching –learning process.

## **COURSE LEARNING OUTCOMES (CLO)**

After the completion of the course the participants will be able to

- Translate knowledge, attitudes and values into actual abilities.
- Tackle emotional pain, conflicts, frustrations and anxieties.
- Cope with the challenges of everyday life.
- Maintain equilibrium between personal and professional life.

## **DETAIL OF THE COURSE:**

The course was organised by Dev Samaj College of Education, Sector 36-B, Chandigarh on Gsuite Google Classroom (Link: <https://classroom.google.com/c/MTk3NzQ1MTM3MzYx?cjc=puyzq6p> ) as a Learning Management System. The registration process was started by filling the Registration Form (Link: <https://forms.gle/6qrBGzjXr3m98WF3A> ) given on the brochure. Total **68 candidates** were enrolled through the registration process and joined a WhatsApp group even (Link: <https://chat.whatsapp.com/CLJ5Nc8znpSAmNymiZINvs> ) through which they received all necessary and relevant information about the course.

The course was delivered via Synchronous and Asynchronous Mode. The course was further divided into weekly modules. Weekly content followed by Quiz and Assignment was provided to participants for each day by Resource Persons Dr. Ritu Mago and Ms. Shivani Sharma. The content was provided through Multimedia. Participants were allowed to discuss their doubts on Discussion Forums. Announcements were made as per the requirement through WhatsApp Group.

The fulfilling criterion for getting the certificate was to score 60% marks in written test and 40% in the assignment and quiz will be eligible to get the E-certificate.

Overall Feedback was also taken from the participants. Almost all the participants gave positive feedback and showed their interest in attending such types of courses again in the future.

## PARTICIPANTS LIST

<u>Sr.No.</u>	Email Address	Name (Full Name. Don't write Ms.,Mrs. etc)	Roll Number (Complete Roll No.)
1	<a href="mailto:nitugarg3614@gmail.com">nitugarg3614@gmail.com</a>	Nitu Garg	191038
2	<a href="mailto:191021@devsamaj.org">191021@devsamaj.org</a>	Jyoti Vikrant Palni	191021
3	<a href="mailto:bhargviamarsingh@gmail.com">bhargviamarsingh@gmail.com</a>	Bhargvi singh	191114
4	<a href="mailto:hk8195390@gmail.com">hk8195390@gmail.com</a>	Harmanpreet Kaur	191009
5	<a href="mailto:191108@devsamaj.org">191108@devsamaj.org</a>	Anjali Sharma	191108
6	<a href="mailto:evabhatia33@gmail.com">evabhatia33@gmail.com</a>	Eva Bhatia	191046
7	<a href="mailto:191005@devsamaj.org">191005@devsamaj.org</a>	Archana	191005
8	<a href="mailto:ranaanu534@gmail.com">ranaanu534@gmail.com</a>	Anuradha	191101
9	<a href="mailto:kirtijuice@gmail.com">kirtijuice@gmail.com</a>	Kirti Garg	191078
10	<a href="mailto:meeturout2020@gmail.com">meeturout2020@gmail.com</a>	Meetu Rout	191069

11	kalraudita95@gmail.com	Udita kalra	191034
12	sujata9429@gmail.com	Sujata singh	191059
13	191052@devsamaj.org	Megha Sood	191052
14	191043@devsamaj.org	Neelam kumari	191043
15	191022@devsamaj.org	Mrigna Tewari	191022
16	gursimrankaurjaswal@gmail.com	Gursimran kaur	191093
17	191063@devsamaj.org	Amita Bhandral	191063
18	191033@devsamaj.org	Barkha Kharbanda	191033
19	191008@devsamaj.org	Maleeha	191008
20	sunainakher1997@gmail.com	Sunaina kher	191036
21	priyankasinghania97@gmail.com	Priyanka	191087
22	191050@devsamaj.org	Himani Saini	191050

23	<a href="mailto:191091@devsamaj.org">191091@devsamaj.org</a>	Ruby	191091
24	<a href="mailto:rajnigupta353@gmail.com">rajnigupta353@gmail.com</a>	Rajni Gupta	191044
25	<a href="mailto:Twiny1996@gmail.com">Twiny1996@gmail.com</a>	Twinkle Singh	191042
26	<a href="mailto:rohinijindal86@gmail.com">rohinijindal86@gmail.com</a>	Rohini Jain	191004
27	<a href="mailto:anayogitasingh@gmail.com">anayogitasingh@gmail.com</a>	Yogita	191070
28	<a href="mailto:kkanwaljeetkaur55@gmail.com">kkanwaljeetkaur55@gmail.com</a>	Kanwaljeet Kaur	191092
29	<a href="mailto:191036@devsamaj.org">191036@devsamaj.org</a>	Sunaina kher	191036
30	<a href="mailto:muskaanahuja0411@gmail.com">muskaanahuja0411@gmail.com</a>	Muskaan Ahuja	191068
31	sharmapratiksha096@gmail.com	PRATI KSHA SHARMA	191105
32	<a href="mailto:anjaligusain2626@gmail.com">anjaligusain2626@gmail.com</a>	Anjali	191035
33	<a href="mailto:191013@devsamaj.org">191013@devsamaj.org</a>	Mansi Bhatia	191013
34	Mandeepkaurdhillon965@gmail.com	Mandeep kaur	191072



35	<a href="mailto:tanushitiwari@gmail.com">tanushitiwari@gmail.com</a>	Tanushi Tiwari	191001
36	<a href="mailto:191014@devsamaj.org">191014@devsamaj.org</a>	Ankita Chatterjee	191014
37	<a href="mailto:pandeyakanksha106@gmail.com">pandeyakanksha106@gmail.com</a>	Akanksha pandey	191015
38	<a href="mailto:anjalidogra9501037412@gmail.com">anjalidogra9501037412@gmail.com</a>	Anjali	191055
39	<a href="mailto:komalsharma9459@gmail.com">komalsharma9459@gmail.com</a>	Komal Sharma	191037
40	<a href="mailto:patelpriya1777@gmail.com">patelpriya1777@gmail.com</a>	Madhvi	191080
41	<a href="mailto:191056@devsamaj.org">191056@devsamaj.org</a>	Vishali Ghawri	191056
42	<a href="mailto:191060@devsamaj.org">191060@devsamaj.org</a>	Ankita Sharma	191060
43	<a href="mailto:nehadadwal80@gmail.com">nehadadwal80@gmail.com</a>	Neha dadwal	191111
44	<a href="mailto:sanna.appy@gmail.com">sanna.appy@gmail.com</a>	Sanna Dass	191075
45	<a href="mailto:191024@devsamaj.org">191024@devsamaj.org</a>	Disha Mehra	191024
46	<a href="mailto:priyachaturvedi019@gmail.com">priyachaturvedi019@gmail.com</a>	Priya Mishra	191084

47	<a href="mailto:191054@devsamaj.org">191054@devsamaj.org</a>	Anjani Dadhwal	191054
48	<a href="mailto:191087@devsamaj.org">191087@devsamaj.org</a>	Priyanka	191087
49	<a href="mailto:richajoshi1096@gmail.com">richajoshi1096@gmail.com</a>	Richa joshi	191095
50	<a href="mailto:preetika97@gmail.com">preetika97@gmail.com</a>	Priteeka	191016
51	<a href="mailto:191045@devsamaj.org">191045@devsamaj.org</a>	Gurmeen Kaur	191045
52	<a href="mailto:seemaprajapati946@gmail.com">seemaprajapati946@gmail.com</a>	Seema devi	191110
53	<a href="mailto:191096@devsamaj.org">191096@devsamaj.org</a>	Neha Kumari	191096
54	<a href="mailto:191007@devsamaj.org">191007@devsamaj.org</a>	Suruchi Rawat	191007
55	<a href="mailto:191032@devsamaj.org">191032@devsamaj.org</a>	Kusum	191032
56	<a href="mailto:nidhisharma4798@gmail.com">nidhisharma4798@gmail.com</a>	Nidhi Sharma	191113
57	<a href="mailto:191071@devsamaj.org">191071@devsamaj.org</a>	Surbhi Singal	191071
58	<a href="mailto:192010@devsamaj.org">192010@devsamaj.org</a>	Ruchita Saxena	192010

59	192008@devsamaj.org	Hem Lata Pun	192008
60	192011@devsamaj.org	Harjeet Kaur	192011
61	192009@devsamaj.org	Kirti Ghai	192009
62	191112@devsamaj.org	Navneet Kaur	191112
63	kauramrit0444@gmail.com	Amrit kaur	192006
64	191047@devsamaj.org	Kanika Mehta	191047
65	191097@devsamaj.org	Anuradha	191097
66	191015@devsamaj.org	Akanksha pandey	191015
67	prabhjotkaur3153@gmail.com	Prabhjot Kaur	192007
68	preetika97@gmail.com	Priteeka	191016